

PK KB LIM 26: Session: 2: COACH evaluation sheet for TEAM: ZCM

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 14:04
Heat: 1/11 Lane : 6 Athlete: DRIJKONINGEN LIEN					Q-time: 01:33:62
PB (25m pool): 01:33.62 Bree 21/12/2025					PB (50m pool): 01:32.29 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.42		01:33.62	
	00:43.42		00:50.20		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 14:08
Heat: 3/11 Lane : 6 Athlete: CLAES AMBER					Q-time: 01:17:87
PB (25m pool): 01:17.87 Pelt 05/10/2025					PB (50m pool): 01:22.95 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.57		01:17.87	
	00:37.57		00:40.30		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:9, starttime: 14:18
Heat: 9/11 Lane : 5 Athlete: JANSSENS MARTHE					Q-time: 01:04:88
PB (25m pool): 01:04.49 Beringen 03/03/2024					PB (50m pool): 01:07.63 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:04.49	
	no time				
					

Coach feedback:

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Event number: 11: 200M MEDLEY MEN 11+							Heat:2, starttime: 14:28	
Heat: 2/8 Lane : 2 Athlete: PEETERS JOCHEN							Q-time: 03:25:18	
PB (25m pool): 03:25.18 Pelt 05/10/2025				PB (50m pool): 03:39.71 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:51.03		no time		no time		03:25.18
	00:51.03							
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:2, starttime: 14:28	
Heat: 2/8 Lane : 5 Athlete: ZEEUW MAX							Q-time: 03:14:66	
PB (25m pool): 03:14.66 Lommel 22/02/2026				PB (50m pool): 03:12.63 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.39		no time		no time		03:14.66
	00:45.39							
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:5, starttime: 14:40	
Heat: 5/8 Lane : 3 Athlete: SCHOofs TUUR							Q-time: 02:43:78	
PB (25m pool): 02:43.78 Pelt 05/10/2025				PB (50m pool): 02:49.43 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.30		no time		no time		02:43.78
	00:36.30							
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:5, starttime: 14:40	
Heat: 5/8 Lane : 4 Athlete: DRIJKONINGEN RUBE							Q-time: 02:36:94	
PB (25m pool): 02:36.94 Hasselt 12/10/2025				PB (50m pool): 02:49.58 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.83		01:12.04		02:01.23		02:36.94
	00:32.83		00:39.21		00:49.19		00:35.71	
								

Coach feedback:

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Event number: 13: 200M BACKSTROKE MEN 13+							Heat:1, starttime: 15:18	
Heat: 1/2 Lane : 2 Athlete: JANSSEN DRIES							Q-time: 03:01:95	
PB (25m pool): 03:01.95 Hasselt 12/10/2025				PB (50m pool): 03:10.50SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.03		01:29.89		02:17.43		03:01.95
	00:43.03		00:46.86		00:47.54		00:44.52	
								

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+										Heat:1, starttime: 15:44	
Heat: 1/8 Lane : 4 Athlete: PEETERS JOCHEN										Q-time: 00:48:78	
PB (25m pool): 00:48.78 Bree 21/12/2025										PB (50m pool): 00:44.75 SB: no time	
	2 5 M		5 0 M								
PB			00:48.78								
	00:48.78										
											

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+										Heat:2, starttime: 15:46	
Heat: 2/8 Lane : 2 Athlete: ZEEUW MAX										Q-time: 00:41:75	
PB (25m pool): 00:41.75 Bree 31/05/2026										PB (50m pool): 00:42.87 SB: no time	
	2 5 M		5 0 M								
PB			00:41.75								
			00:41.75								
											

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+										Heat:5, starttime: 15:49	
Heat: 5/8 Lane : 3 Athlete: SCHOOFs TUUR										Q-time: 00:32:26	
PB (25m pool): 00:32.26 Bree 31/05/2026										PB (50m pool): 00:37.24SB: no time	
	2 5 M		5 0 M								
PB			00:32.26								
			00:32.26								
											

Coach feedback:

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Event number: 15: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 15:49
Heat: 5/8 Lane : 4 Athlete: DRIJKONINGEN RUBE			Q-time: 00:31:30
PB (25m pool): 00:31.30 Bree 21/12/2025			PB (50m pool): 00:31.31 SB: no time
	2 5 M	5 0 M	
PB		00:31.30	
		00:31.30	
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:8, starttime: 15:52
Heat: 8/8 Lane : 5 Athlete: PEETERS YENTL			Q-time: 00:27:13
PB (25m pool): 00:27.07 De Blyckaert Tienen 26/12/2018			PB (50m pool): 00:27.41 SB: no time
	2 5 M	5 0 M	
PB		00:27.07	
		00:27.07	
			

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+			Heat:1, starttime: 15:54
Heat: 1/7 Lane : 4 Athlete: CLAES AMBER			Q-time: 00:43:19
PB (25m pool): 00:43.19 Hasselt 12/10/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:43.19	
		00:43.19	
			

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+			Heat:1, starttime: 15:54
Heat: 1/7 Lane : 5 Athlete: DRIJKONINGEN LIEN			Q-time: 00:44:23
PB (25m pool): 00:44.23 Bree 31/05/2026			PB (50m pool): 00:49.79 SB: no time
	2 5 M	5 0 M	
PB		00:44.23	
		00:44.23	
			

Coach feedback:

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Event number: 16: 50M BACKSTROKE WOMEN 13+				Heat:5, starttime: 16:01
Heat: 5/7 Lane : 3 Athlete: JANSSENS MARTHE				Q-time: 00:35:70
PB (25m pool): 00:35.70 Hasselt 12/10/2025				PB (50m pool): 00:37.19 SB: no time
	2 5 M	5 0 M		
PB		00:35.70		
	00:35.70			
				

Coach feedback:

Event number: 17: 4x50M FREESTYLE MEN 11+							Heat:1, starttime: 16:10	
Heat: 1/1 Lane : 6 Athlete: TEAM ZCM 1							Q-time: 02:04:55	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: